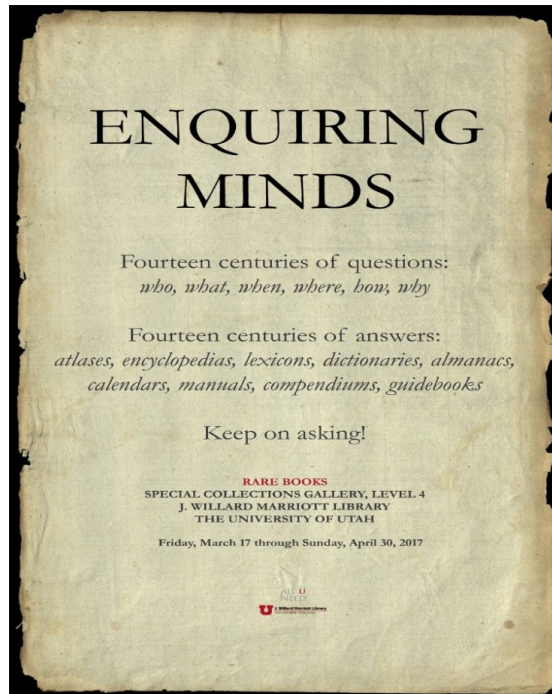
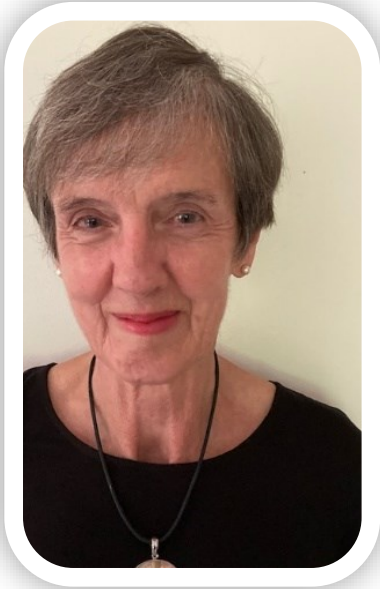




## Editor's Notes from Jean Smith



My local discussion group threw up the question, 'Which personality trait would you like to be noted for?' Courage? Humour? Emotional Intelligence? Determination? Optimism? The list seemed endless, and some traits appeared more 'acceptable' than others. I explored this further with a friend whose opinions I value. Her response was immediate. She admired people who had enquiring minds – people who were curious about the *who, what, when, where, how, why* of the world around us. And I found myself agreeing with her.

U3A provides us with the opportunity to be amongst such people. Some of us are learning about subjects totally new to us. Some of us are acquiring or improving a skill. For some of us, it is enough to engage with people with enquiring minds and discuss issues of the day. Whether we agree with them or not doesn't matter!

I am sure Term Two classes will provide you with plenty of opportunities to develop your enquiring mind.

## President's Message from Des Taylor

I hope you enjoyed Easter and the holiday break. We held our annual AGM this week and I'm happy to welcome two new members to the Management Committee – Chris Waller and Mary-Anne Scott. Mary Denver will take the role of Secretary previously held by Martin Bridgstock. Fortunately, Martin will

remain on the committee – a change in position but not in person. I look forward to working with Mary and thank Martin for his support over the last 12 months.



Term 2 will begin on Monday 19th April. Both Creek and Adelaide St will reopen for Face-to-Face classes. We will be running under our COVID Safe plan as for Term 1. Please check you are enrolled in any class you hope to attend. You may arrive up to 30 minutes early for a class. The classes have a staggered starting time to avoid congestion. Please make sure you bring your Mobile phone and know your Membership number as we will be using our QR System to record attendances and you will be asked to enter this number. Help is available if required. Also make sure you bring your own water as the kitchens remain closed. Zoom classes will also resume on the 19th.

Remember to carry a mask. We are no longer required to wear one, but if you are in a crowd or on public transport you should put it on to be on the safe side.

Class fees are payable online and should be paid upfront. The cost of your class is available on your [Member Dashboard](#) as is a list of your recent transactions. Please check you have enrolled in the correct class before making your payment. Zoom classes still have a recommended voluntary fee of \$25. Class Fees are due now. Please remember that U3A Brisbane is totally reliant on Class Fees to survive so please pay them as soon as possible if you haven't already done so. Remember to keep the recommended 1.5m distance from each other. Stay safe and enjoy your classes.

## Special Events in May from Marilyn Wagland

Specialist speakers will deliver the following Zoom presentations in May. Book via the link below or from the website home page.

### **Wednesday 12th May at 11am: Ric Raymond — *Children of the Magenta Line: A Snapshot of Cockpit Automation.***



Ric Raymond is a highly experienced international airline captain (and now U3A member). Over his career he has experienced many changes in aircraft design and flight deck automation, from basic analogue instruments to today's highly automated and complex "glass cockpit". Modern commercial airliners are technology-rich environments, packed with avionics, sensors, computers and communications systems. Automation can help reduce pilot workload and improve safety, but automation complexity

comes with unintended side effects. Ric will explain the basics of the modern cockpit and present his views on the positives and negatives of automation technology. So tighten your seatbelt and prepare for take-off!

### **Tuesday 18 May at 10.00am Dr Daniel Roberts CSIRO — *Hydrogen as a Clean Energy Solution***

Hydrogen has long been touted as the solution to our clean energy needs. Recently it has re-emerged,

but this time it's different: major global economies now have hydrogen as part of their energy strategies, we have seen technological improvements that support cost-competitiveness across a range of applications, and there is a strong shift in sentiment towards a decrease in carbon-intensive pathways for energy production. This talk will give an overview of the current situation regarding hydrogen energy systems, discuss the opportunities and challenges, and showcase some active projects in Australia and around the world that are leading the charge.

**Tuesday 25 May at 10.00am Loan Chow (Solicitor) — *Estate planning in a time of COVID***

In a global pandemic, wills and estates are front of mind. How do you ensure your loved ones are cared for? How do you ensure the right people make decisions for you if you lose capacity? How do you minimise the risk of your will being disputed? Even if you have all this in place, you may need to make changes under current circumstances.

Loan Chow will share her experiences and insights about: wills gone wrong or no will at all; Testamentary Discretionary Trusts; tips and traps about Enduring Powers of Attorney; and the importance of Advanced Health Directives. She will highlight some key areas and practical pathways to help you make the right choices.

[Book for any of these events here](#)

**Brisbane City News**  
from Gail Hawkins  
[tutors@u3abrisbane.org.au](mailto:tutors@u3abrisbane.org.au)

It is so good to have face-to-face learning back at Creek and Adelaide Street. I know there have been some challenges with COVID restrictions, but thanks to the Admin Staff who have worked very hard to ensure that tutors and their students can feel confident that they are spending time in a clean and healthy environment.

When the Term 2 Class Schedule was made available, there was a rush on enrolments in certain classes that filled very quickly. Again, it's important to get in quickly if you had a particular class you would like to attend. Some tutors have a waitlist, which is a good idea because once term starts, some members either 'no show' or, for whatever reason, need to cancel their enrolment. We still have classes that can accept more members and I have listed some below – but remember you must contact the tutor; you cannot just turn up on the day and hope that you will be accepted.

**Monday**

- J150 – Russian beginners
- H12 – History of Sex and Gender

**Tuesday**

- L09 – Tips on Writing short Fiction Stories and Poems
- F72 – Sudoku Intermediate
- K06 – Getting Started on your Memoir – Support Group

**Wednesday**

- K22 – Creative Writing – Basic Level

## Thursday

J57 – English for Speakers of other Languages. If you have a friend or family member that would like to improve their English, this is the opportunity. In the past some of these students having improved their English and moved on to become tutors teaching us their original language.

H22 – Major Events in Australian History

This month I am happy to advise that two of our tutors who have obviously been busy over the past months writing on subjects that are very dear to them have now had their works published. Why not have a look at these books - you never know – they could make an ideal birthday or Christmas gift. See details below:

### **Yvonne Webb – *For Goodness Sake, Let's Talk Sugar***

An enlightening guide and refreshing approach to sugar. Many of the topics are those that have been covered at my U3A classes. This book, scientifically backed and complete with info graphics, aspires to inform on the controversial topic of Sugar. It debunks common fearmongering myths. For a more detailed description and information on the author click on the link below.

<https://yvonnewebb.ampbk.com/>

### **Laurence Salmon – *Meeting the Major's Daughter***

Laurence's story unfolds from his 1979 arrival in London where he met the Major's Daughter and his life took a different path. The nature of his work saw them living in Buenos Aires, Rio de Janeiro, Tripoli (Libya), the United Arab Emirates, Doha (Qatar) and Port Harcourt (Nigeria). Life presented many challenges, from good living and excitement to disasters and intrigue. The author invites us to become involved in what each chapter is saying and to identify the parts of the jigsaw at the end, "*Who is the Major's Daughter and what is she hiding?*" Laurence's book will be available from Dymocks Book Store from the end of April.

## **Preventing Dementia – Free Online Course**

from The Wicking Dementia Research & Education Centre (University of Tasmania)

Hello to all at U3A Brisbane.

We would like to invite members of U3A Brisbane to join the free, world-renowned online brain health course that is starting soon. Recent research suggests that around 40% of dementia cases might be prevented or delayed by modifying risk factors.

The Preventing Dementia MOOC (massive open online course) examines the latest evidence on dementia risk factors and ways to reduce the risk. This free online course is open to everyone and members of your network may be interested in learning how to reduce their dementia risk. Being part of an online community of participants can also reduce feelings of isolation. You are never too young or too old to do something about your dementia risk.

Enrolments are now open for the next Preventing Dementia MOOC .

Details:



**Course opens:** 11th May 2021

**Course duration:** 4 weeks

**Estimated effort:** 2 hours per week

**Course access:** Day or night, on your smart phone, tablet or computer

**Course closes:** 25th June 2021 (content is accessible across 6 weeks)

**Completion certificate?** Yes, there is a personalised certificate on completion

**Cost:** FREE

Click link below for more information about the Preventing Dementia MOOC and to book your place.

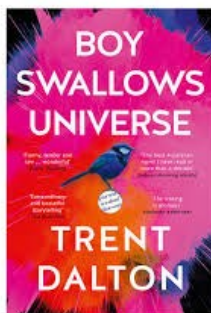
[Preventing Dementia Course](#)

## U3A Social Events: from Mary Lindsay-Smith

For bookings, please contact the U3A office on 3236 3055, or visit the 97 Creek St office.

If you have any suggestions for trips that may be of interest, you can contact the Social Committee via email: [social@u3abrisbane.org.au](mailto:social@u3abrisbane.org.au). You can also keep up to date with the latest 'SOCIAL EVENTS' on the U3A Website: <https://www.u3abrisbane.org.au>

## BOY SWALLOWS UNIVERSE



**Boy Swallows Universe** is adapted from the smash hit novel inspired by Brisbane author **Trent Dalton's** own childhood. It is set in the housing estates at the fringes of Brisbane during the 1980s, is the coming-of-age story of Eli Bell and his mute brother August, as they navigate a complicated environment of drugs, crime and domestic violence — while doing the normal teenage stuff like having reckless adventures. It's an exhilarating story of magic and madness, of beauty and brutality, of joy and heartbreak, and of the power of love to triumph over the darkest of circumstances.

**WARNING: The play contains adult themes including violence and drug use. High level, frequent coarse language.**

**Date:** 2:00pm Saturday 11th September 2021, QPAC - **PLAYHOUSE THEATRE**

**Duration:** 3 hours. (includes interval)

**Bookings:** 10 seats

**Cost:** **\$75.00** (Maximum of 2 seats per member)

**Closing Date:** Tuesday 22nd June 2021

**Please note the following:**

- This event will **NOT** be supervised by the U3A Social Committee.
- In line with Queensland Health advice QPAC theatres are operating at 100% capacity. This means

there may be patrons occupying the seats directly beside, behind or in front of you during a performance. Masks are not required however patrons may choose to wear masks when they feel social distancing cannot be achieved.

- Limit of two people per lift (unless you are part of the same group) .
- Foyer seating arranged to ensure 1.5m distancing. Decreased capacities in foyers, allowing 1.5m distancing.
- One-way traffic routing, with separate entry and exit points, in foyers and venues.
- Physical distancing markers at queuing areas such as Food and Beverage outlets and Box Office.

**If you are not comfortable with the above, this event is not for you.**